



Peaceful Moon
Yoga

Presents

'Drawing down the Moon'

A Celebration of the Sturgeon Moon

on Saturday, August 25

Beginning at 6 p.m.



At the residence of Deb Stallings, 6480 W. Imlay City Road (Old M-21)
Imlay City, MI 48444

Join in the celebration of the Sturgeon Moon on Saturday, August 25 at the lovely acres of the Stallings residence, located just a few miles northwest of the Peaceful Moon Studio in Imlay City.

The donation-based class includes some basic yoga practice, walking meditation and intention-setting as we celebrate the full moon and the awesome beauty and power of nature. Snacks and beverages will be served after practice, and a campfire may also be part of the fun. In the case of inclement weather, modifications will be made. Space is limited. Reply to this email or call/text 586-255-1275 to reserve a spot as soon as possible. Reservation deadline is 4 p.m. on Wednesday, August 22, 2018.

About the Sturgeon Moon: Some Native American tribes called the August Moon the "Sturgeon Moon" because they knew that the sturgeon of the Great Lakes and Lake Champlain were most readily caught during this Full Moon. They also called August's Moon the "Full Green Corn Moon."

Different tribes used different Moon names. Other examples for August are: "Wheat Cut Moon" (San Ildefonso, and San Juan), "Moon When All Things Ripen" (Dakotah Sioux), and "Blueberry Moon" (Ojibwe).

www.peacefulmoonyoga.com

586-255-1275