

Presents
Buck Moon Celebration
Friday, July 27 beginning at 6 p.m.

At Peaceful Moon Acres
2138 Cochrane Rd., Allenton, MI 48002
586-255-1275



Buck in the pond at Peaceful Moon Acres 7-25-17

Relax and unwind to the sweet sights and sounds of nature as **Peaceful Moon Yoga presents a 'Buck Moon Celebration' yoga practice on the pond at Peaceful Moon Acres.** The event includes a one-hour basic yoga practice with a salute to the Peaceful Buck Moon, followed by hors d'oeuvres, beverages, friendship and fellowship. A campfire by the pond may also be part of the fun.

This is a Karma Yoga donation-based class, profits will benefit Lapeer Area Citizens Against Domestic Assault (LACADA). In the case of inclement weather, the event will be held at the Peaceful Moon Yoga Studio in Imlay City.

All are welcome to attend; **space is limited.** Peaceful Moon Acres is located about 13 miles south of Imlay City, on Dryden Road between M-53 (Van Dyke) and Capac Road (closer to Capac Road). Space is limited; reserve a spot as soon as possible. **Call/text 586-255-1275 or send an email to info@peacefulmoonyoga.com to register. Registration deadline is 4 p.m. on Wednesday, July 25.**

What is the 'Buck Moon?'

Names of moons often date back to Native American tribes, and early European settlers. They helped keep track of seasons, and important events at those times. August's full moon, for example, is called the Sturgeon Moon, named for the species of fish that is best caught in the Great Lakes at around that time, according to the Farmer's Almanac. The name 'Buck Moon' is one of three names given to the moon in North America in July because it arrives during the time when male deer, called "bucks," are beginning to grow their antlers. Other names include the "hay moon," when farmers are beginning to store their hay, and "thunder moon," for the number of thunderstorms that occur at this time, as the Almanac noted.

www.peacefulmoonyoga.com